

## LUNCH DAILY

### SANDWICHES, ROLLS and WRAPS

|                       |          |         |
|-----------------------|----------|---------|
| Chicken               | 3.80(S)  | 4.30(R) |
| Ham                   | 3.80(S)  | 4.30(R) |
| Cheese                | 3.80(S)  | 4.30(R) |
| Tuna                  | 3.80(S)  | 4.30(R) |
| Egg                   | 3.50(S)  | 4.00(R) |
| Curried Egg & Lettuce | 3.60(S)  | 4.10(R) |
| Big Salad             | 3.60 (S) | 4.10(R) |
| Vegemite              | 2.50(S)  | 3.00(R) |

ADD SALAD + .80c ADD CHEESE + 0.50c

MAKE IT A WRAP add 80c.

### TOASTIES

|   |      |
|---|------|
| Cheese OR Ham OR Chicken                | 4.30 |
| Chicken OR Ham and cheese               | 4.80 |
| Cheese and Tomato                       | 4.60 |
| Chicken OR Ham and Tomato               | 4.70 |
| Chicken OR Ham, Cheese and Tomato       | 5.20 |
| Baked Bean Jaffle (NA in Focaccia)      | 4.80 |
| Half Baked Bean Jaffle (NA in Focaccia) | 3.00 |

Make it a Focaccia add \$1.00

### SALADS

|  |      |
|--|------|
| Salad Tray (ADD Tuna, Chicken or Ham + \$1.00) | 4.50 |
| Salad Tray with cheese OR Egg                  | 5.20 |
| Mini Quiche (Lorraine or Spinach) with Salad   | 5.80 |
| Fish Fillet and Salad                          | 5.80 |
| Chicken Strips and Salad                       | 5.80 |

## JOLIMONT CANTEEN MENU WINTER/SPRING (From 18<sup>th</sup> July 2017)

### HOT FOOD

|  |      |
|--|------|
| Pizza Focaccia (BBQ Chicken /Ham & Pineapple/<br>Vegetarian or Ham & Cheese) | 4.80 |
| Sausage Roll (including sauce)   | 4.00 |
| Beef Meat Pie - Traveller (including sauce)                                  | 4.80 |
| 2 x Mini Pies (including sauce)  | 2.50 |
| Nachos (organic corn chips/ vegetarian)                                      | 5.50 |
| Hot Dog (97% fat free Beef Frankfurter)                                      | 4.80 |
| 2 X Mini Quiche. (Lorraine or Spinach)                                       | 3.80 |
| Quiche Single (Lorraine or Spinach)  | 5.50 |
| Chicken Noodle soup with roll  | 4.60 |
| Pumpkin Soup with roll (HM) (NEW)  | 4.60 |
| Spaghetti (wholemeal) Bolognese (HM)   | 4.80 |
| Macaroni Cheese (HM)   | 5.50 |
| Lasagne (NEW)  | 5.50 |
| Chicken Strips and sauce   | 4.80 |

### FRUIT (available lunch and recess)

|                                 |      |
|---------------------------------|------|
| Apple Slinky (Pink Lady)        | 1.50 |
| Pear Slinky                     | 1.50 |
| Fresh Seasonal Fruit of the Day | 1.10 |
| Fruit Salad Cup                 | 2.50 |
| Fruit Salad Cup with yoghurt    | 2.80 |
| Mini Fruit Smoothie             | 1.80 |

## RECESS ONLY

|  |      |
|--|------|
| Cheese Toast                           | 1.00 |
| Pizza Toast                            | 1.50 |
| Muffin of the Day (H M)                | 2.00 |
| Mini Muffins                           | 1.00 |
| Pikelet (Apple and cinnamon or Banana) | .50  |

[Please check the board for Daily Specials](#)

### EXTRAS available RECESS and LUNCH

|  |      |
|--|------|
| Anzac Biscuit (HM)                     | .60  |
| Yoghurt Cup (Strawberry OR Vanilla)    | 1.80 |
| Popcorn Natural (no salt/butter/sugar) | 1.00 |
| Vegetable Crunch Pack (seasonal Veg)   | 1.00 |

### AFTER LUNCH TREATS

|  |      |
|--|------|
| Paddle Pop – Rainbow, Chocolate, Banana    | 1.80 |
| Frozen Fruit Juice Sticks                  | 1.00 |
| Vanilla Ice-cream Cup (Low Fat)            | 1.50 |
| Frozen Yoghurt (Strawberry or Mango)       | 1.50 |
| Jelly Cups                                 | 1.00 |
| Jelly & Fruit cups OR Jelly & Custard Cups | 1.50 |

### DRINKS (available recess and lunch)

|   |        |
|---|--------|
| Bottled Water                                   | 1.50   |
| Plain Milk                                      | 2.00   |
| Flavoured Milk – Chocolate, Banana, Strawberry. | 2.80   |
| 100% Juice- Apple, Orange, Tropical.            |        |
| Apple and Blackcurrant                          | 2.50   |
| Warm Milo                                       | 1.50   |
| <u>Fruit Smoothies</u> Mini \$1.80 Normal..     | \$2.50 |

## WEEKLY SPECIALS

### TUESDAY

TACO Tuesday..... Crisp TACO Shell filled with Mexican Beef and beans, Topped with fresh Tomato, Lettuce and grated lowfat Cheese. 5.50

### WEDNESDAY

Chicken Fried Rice (HM) .....healthy Brown Rice with loads of vegetables, egg and chicken \$5.50

### THURSDAY

Chicken, Fish, OR Hamburger (with lettuce, tomato, cucumber and carrot) \$5.00

### FRIDAY

Home Made Sushi - Teriyaki Chicken or Tuna \$5.50

**Kindy and Pre Primary-Lunch only**  
**(please provide your child with morning tea) your child's lunch will be taken to their room.** RECESS IS NOT AVAILABLE FROM THE CANTEEN FOR KINDY and PRE PRIMARY

**Year 1 – 6**

Recess items can be purchased over the counter or pre-ordered with lunch

### MUMS and DADS

**Pick up a coffee and freshly baked Muffin after dropping the children off.**

**You Deserve it..... \$5.00**

### BIRTHDAY CUPCAKES and CAKES

Cupcakes for your child's Birthday, delivered to their room, from \$1.00 each. Please give at least 5 days' notice.

Novelty Birthday cakes available for your child's special day (weekend's incl)

[juliescanteen1@westnet.com.au](mailto:juliescanteen1@westnet.com.au)

## ORDERING PROCEDURES

-for children's lunches and recess items

ONLINE ORDERS MUST be placed NO LATER than 8.00am on the day required.

( [www.ouronlinecanteen.com.au](http://www.ouronlinecanteen.com.au))

### ALTERNATIVELY

Write your **NAME and YEAR** on a lunch bag.

Write on the bag the items required.

Include correct payment

Place in the **RED CANTEEN BOX** located in the office **PRIOR TO THE COMMENCEMENT** of the first class.

Sundry items can be collected from the canteen using the token provided with the main order.

### CATERING for your Party

Need some help in your busy schedule?

Call in and see me or email

[juliescanteen1@westnet.com.au](mailto:juliescanteen1@westnet.com.au)

Message me on 0413 108 301

I can assist in you catering requirements.

Visit my Facebook page Julie's Kitchen